

Elan Family Wellness Centre  
A.S.T.T. Allergy Treatment Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

e-mail: \_\_\_\_\_ Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_ Alternate phone: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Marital status: \_\_\_\_\_

Number of children: \_\_\_\_\_ Occupation: \_\_\_\_\_

Why are you interested in A.S.T.T. today? \_\_\_\_\_  
\_\_\_\_\_

How did you hear about us? \_\_\_\_\_

What known allergies do you have? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What allergies/ sensitivities or intolerances do you suspect? \_\_\_\_\_  
\_\_\_\_\_

When did this complaint begin? \_\_\_\_\_

When and Where did/do you notice the onset of symptoms? \_\_\_\_\_  
\_\_\_\_\_

How often does this take place? \_\_\_\_\_

On a scale of 1 to 10 (10=worst), how would you rate your average symptoms? \_\_\_\_\_

What makes them better? \_\_\_\_\_

What makes them worse? \_\_\_\_\_

What treatment have you sought for this complaint? \_\_\_\_\_

Is there a family history of allergies? \_\_\_\_\_

Childhood Illnesses, Trauma, Allergies \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Adult Illnesses, Trauma (including emotional, mental and chemical)? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Past hospitalizations, Surgeries, Injuries \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Immunizations/ Vaccinations? Are they current? Any adverse reactions? \_\_\_\_\_  
\_\_\_\_\_

Are you pregnant? Yes/No How far along? \_\_\_\_\_

Do you eat a healthy diet? \_\_\_\_\_

Are you taking any medications or drugs? \_\_\_\_\_  
Vitamins/supplements \_\_\_\_\_

Do you drink alcohol? \_\_\_\_\_ how often \_\_\_\_\_

Do you take caffeine? \_\_\_\_\_ how often \_\_\_\_\_

Do you or have you ever smoked? \_\_\_\_\_ how much \_\_\_\_\_

What type of exercise do you participate in? Hobbies? \_\_\_\_\_  
\_\_\_\_\_

What are the major stressors in your life and how do you deal with them? \_\_\_\_\_  
\_\_\_\_\_

How do you consider your emotional health? \_\_\_\_\_

Are there any other significant events in your life or family history (including health history) that may have influenced your health? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For Patient:**

I request and consent to the examination on myself or the patient named below who I am legally responsible for, by Matthew Scott Hutchison, for the purpose of work with A.S.T.T. (Allergy Sensitivity Testing and Treatment). I understand that any findings are not a diagnosis and any recommendations are not to be construed as medical advice. I acknowledge that I will inform him of any allergies that I am aware that I have. I understand that the technique does not guarantee results, although energy balancing of blocked meridians has shown, through multiple case studies, that many allergies can be relieved through this technique. If I have questions, I know that I can expect to have them addressed by Matthew Scott Hutchison. I understand that there may be some risk involved with care-as a reaction to the substance being treated, but that most symptoms are short-lived. I have read this consent and by signing below consent to A.S.T.T. treatment in this clinic.

\_\_\_\_\_ (Signature of Patient or Guardian)

\_\_\_\_\_ (Date)